

Course Outline for: NURS 1020 Transition to the Role of the Professional Nurse**A. Course Description**

1. Number of credits: 1
2. Theory hours per week: 1
3. Prerequisites: Unencumbered practical nursing licensure, admittance to the nursing program with advanced standing as an LPN
4. Corequisites: None
5. MnTC Goals: None

This course is designed to expand the knowledge and skills of the LPN as they transition to the professional role within nursing. Emphasis is placed on health promotion through the lifespan and incorporates theories related to evidence-based practice, quality and safety, communication, collaboration, clinical decision-making/reasoning, informatics, assessment, caring, and health-illness continuum.

B. Date last reviewed/updated: October 2022**C. Outline of Major Content Areas**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgment
 - iii. Self-care
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Informatics
 - vi. Evidence-based/Evidence-informed Practice
2. Physiological Integrity
 - A. Regulation
 - i. Thermoregulation
 - ii. Intracranial Regulation
 - iii. Elimination
 - iv. Oxygenation
 - v. Perfusion
 - B. Protection and Movement
 - i. Tissue Integrity
 - ii. Comfort
 - iii. Mobility
3. Psychosocial Integrity

- i. Culture/Spirituality
 - ii. Motivation/Adherence
 - iii. Coping/Stress/Adaptation
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health
 - ii. Implicit Bias Education

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the role of the professional nurse in the systematic process of health assessment and data collection as a provider of holistic person-centered care.
2. Identify concepts and principles necessary for the performance of a basic health assessment.
3. Demonstrate an awareness of the role of the professional nurse within organizational systems to optimize client health.
4. Reflect on personal and professional actions based on a set of shared core nursing values.
5. Identify the impact of sociocultural, economic, legal, and political factors influencing health.
6. Describe established and emerging principles of quality and safety in care delivery.
7. Describe the components and process of utilizing best evidence and clinical judgment in the planning and delivery of care.
8. Describe the contextual meaning and focus of holistic person-centered care.

E. Methods for Assessing Student Learning

Each semester, cognitive learning will be evaluated by written examinations and quizzes, including alternative format, written, and reflection assignments. Rubrics will be used. The student must obtain a 78% or greater in order to pass.

F. Special Information

Refer to nursing student handbook for additional details.